



NEWTON ABBOT
RFC

DEFENDER CUP 2025

DEFENDER
MATCHDAY PROGRAMME

SUN 2ND MARCH 2025

WWW.NARFC.CO.UK

WELCOME



Welcome to Newton Abbot Rugby Club!

We are thrilled to host the Defender Cup here at Rackerhayes this Sunday. As a club, and as outlined in my Rugby Plans, you will notice our dedication to nurturing a strong and respected Junior section. Our club is committed to investing as much enthusiasm and resources into the development of our young players as we do in our All Whites' senior teams. This commitment helps us cultivate skilled rugby players for the future.

A key aspect of our strategy is organizing events like the Defender Cup, collaborating with local schools, and leveraging the resources within our club's framework to encourage more young athletes to take up rugby.

We hope you have a wonderful experience at the club today. Embrace the values of the game and good luck to all the participants involved in the event!

MICHAEL SAXTON

Director of Rugby





JACK'S HATCH Menu

Breakfast Menu

The Full Hog £6.50

Westaway Pork Smash Burger served with bacon and Egg

Bacon Roll £3.50

Quality Smoked Bacon

Bacon & Egg Roll £4.25

Quality Smoked Bacon and a Local Egg

Build-a-Burger

Add Extra Cheese £0.50

Not Cheesy Enough? Add more cheese

Add Smash Burger £2.00

Add an extra burger for extra meaty goodness

Add A Fried Egg £1.00

Add a Local Egg

Add Bacon £1.50

Add extra smokey bacon

0800hrs - 1200hrs

DEFENDER CUP 2025

Thank you for registering your team for our Defender Cup U11's or U12's rugby festival, which will be held at Newton Abbot RFC this Sunday. This festival will feature a competitive setup with 40 teams divided into seven pools, with each team playing three games throughout the morning. Please find the timings and full details for the event below.

We look forward to hosting you and wish all teams the best of luck for a day of great rugby!

SCHEDULE

09:00AM - 10:00AM

RACE COURSE PARKING AND RUGBY CLUB OPENS ITS DOORS

Please do not arrive before this time.

10:00AM - 10:30AM

REGISTRATION WHERE TEAM MANAGERS CAN SIGN IN AND COLLECT MATCH LISTS FROM THE MARQUEE.

Team Managers and players must be at Newton Abbot RFC for 9:30am

11:00AM - 11:15AM

TEAM MANAGERS AND COACHES ARE INVITED TO A SHORT BRIEFING OUTLINING THE FORMAT OF THE DAY WITH A SHORT DISCUSSION ON REFEREEING FOR THE DAY.

11:30AM - 01:30PM

THE FIRST ROUND OF THE FESTIVAL WILL TAKE PLACE, WITH TEAMS PLAYING IN THEIR POOLS

02:00PM - 04:00PM

THE SECOND ROUND IN THEIR NEW POOL WILL TAKE PLACE, WITH TEAMS PLAYING IN THEIR RE-ORGANISED POOLS

04:00PM - 04:15PM

PRESENTATION AND END OF EVENT

DEFENDER



DEFENDER

Newton Abbot RFC in partnership with Exeter Community Chiefs are delighted to be hosting this years Defender Community Cup.

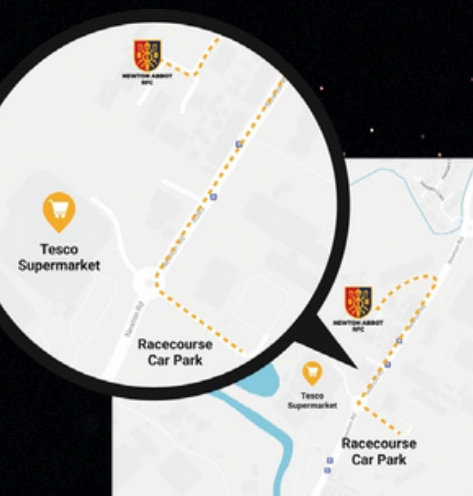
EVENT PARKING

Parking is available at Newton Abbot Race Course (TQ12 3AF) for £4 per day. Please note there is no onsite parking. Volunteers will assist with directions. Park at Newton Road, opposite Tesco Supermarket.

£4 PARKING FEE AT RACE COURSE

THANK YOU NEWTON ABBOT RACECOURSE FOR THE SUPPORT

WWW.NEWTONABBOTRACING.COM



**FOOD AND DRINKS AVAILABLE
TO PURCHASE ON THE DAY**



JACKS HATCH

HOT FOOD, HOT & COLD DRINKS



MARQUEE OPEN

SNACKS, HOT & COLD DRINKS



JACK'S HATCH Menu

Post Noon Menu

Burgers & Hotdogs

Club Burger £5.00

Westaway Pork Smash Burger served with onions

Messy Pork Burger £8.00

Westaway Pork Smash Burger served with Mac'n'cheese, Bacon, Tangy cheesy sauce, Jalapenos, crispy onions,

Club Hotdog £4.00

Westaway Pork sausage served with onions

Charlie's Hotdog £8.00

Westaway foot-long sausage served with bacon bits, tangy cheesy sauce, Jalapenos, crispy onions,

Build-a-Burger

Add Extra Cheese £0.50

Not Cheesy Enough? Add more cheese

Add Smash Burger £2.00

Add an extra burger for extra meaty goodness

Add A Fried Egg £1.00

Add a Local Egg

Add Bacon £1.50

Add extra smokey bacon

Fries

Club Fries £3.00

Chefs Choice Skin-on fries

Cheesy Club Fries £4.00

Skin-on fries served with grated cheese

Mac'n'cheese Loaded Fries

Skin-on fries loaded with Mac'n'Cheese £6.00

Meaty Mess Loaded Fries £7.50

Skin-on fries loaded with Bacon, Chorizo, Signature Tangy cheesy sauce, spring onions, Jalapenos

Breakfast Burgers

The Full Hog £6.50

Westaway Pork Smash Burger served with bacon and Egg

Bacon Roll £3.50

Quality Smoked Bacon

Bacon & Egg Roll £4.25

Quality Smoked Bacon and a Local Egg

Sausage and Egg Roll £5.50

Westaway Pork Smash Burger served with local Egg

**Add To Your Breakfast
Burger using Build-a-Burger**

Wings and Tings

5 Chicken Wings £5.00

10 Chicken Wings £9.00

20 Chicken Wings £16.00

Pick a Flavour

Salt and Pepper

Signature Buffalo

Tangy BBQ

Little Meals - £4.00

Chicken Nuggets and Chips

Skin-on fries with 4 Chicken Nuggets

Sausage and Chips

Skin-on fries with Westaway Sausage

Macaroni Cheese

Macaroni Cheese with our Signature Cheese Sauce

1200hrs - 1600hrs

GAMES

Game time over the day will fall under the 70-minute total gameplay allowance. A 3-minute transition time between games is in place to allow a smooth transition between games.

We will follow the Regulation 15 RFU U11's or U12's rules. Whilst we will re-enforce this throughout the day, referees are there to facilitate the enjoyment of the children, they will be doing their best to ensure this happens.

IF ANY PARENTS OR COACHES ACT IN A WAY THAT STOPS THE ENJOYMENT OF ALL INVOLVED, THEY WILL BE ASKED TO LEAVE.

DEFENDER





FACILITIES

We highly recommend for children to arrive ready to play as space will be at a premium on the day. We also ask that when using the facilities at the club that you treat them as you would your own.

Food along with hot and cold beverage will be available from Jacks Harch from 8 am until 4pm

We look forward to welcoming you all to Newton Abbot RFC on Sunday for what should be a fantastic day.

RULES

TEAMWORK | RESPECT | ENJOYMENT | DISCIPLINE | SPORTSMANSHIP



No dogs on
grass areas



CCTV in
operation



No smoking
or vaping



Respect



No littering

SPORTSMANS DINNER



NEWTON ABBOT
RFC

AN EVENING WITH DAVID FLATMAN
TICKETS ON SALE NOW!



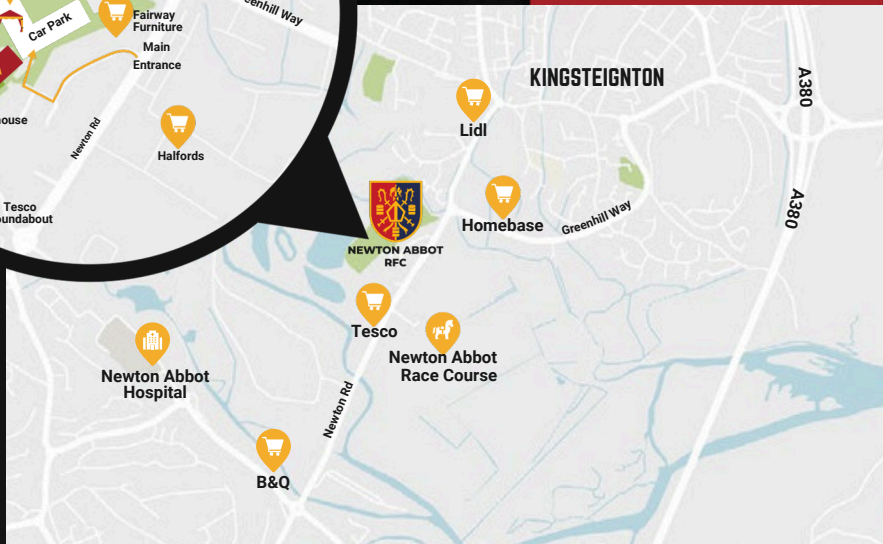
GET YOUR
TICKETS HERE



THURS 17TH APRIL 2025

DIRECTIONS

Newton Abbot Rugby Club is situated in the heart of South Devon, just five minutes drive from the bustling town of Newton Abbot.



Newton Abbot Rugby Club (RFC)
Rydon Industrial Estate, Newton Rd, Kingsteignton,
Newton Abbot
TQ12 3SJ

DIRECTIONS FROM EXETER

- Take Commercial Road to Alphington Street/Exe Bridges/A377. Drive along Devon Expressway/A38 and A380.
- Take the exit for A381 from A380.
- Follow A383 to Kingsteignton.

DIRECTIONS FROM PLYMOUTH

- Follow Devon Expressway/A38 to A383 and exit towards Newton Abbot / Bickington / Widecombe.
- Follow A383 to Kingsteignton.

DEFENDER



PARTNERSHIP OPPORTUNITIES



The support of our partners is vital to the success of Newton Abbot Rugby Club. With over 118 commercial partners currently on board, your contributions enable us to deliver rugby and its core values to the community. This partnership goes beyond sponsorship; it is a collaborative effort to sustain and grow rugby for everyone in our community—players, spectators, and volunteers alike.

Together, we promote 'Teamwork, Respect, Enjoyment, Discipline, and Sportsmanship'—values that participants carry throughout their lives. Our joint efforts not only enhance our facilities but also ensure that we continue to support those less fortunate, providing a safe and welcoming environment for all to enjoy the spirit of rugby.

SCAN THE QR CODE
OR

VISIT [NARFC.CO.UK/PARTNERSHIP-OPPORTUNITIES](https://narfc.co.uk/partnership-opportunities)



TO DISCUSS PARTNERSHIP OPPORTUNITIES: E. PARTNERSHIPS@NARFC.CO.UK

MARQUEE HIRE

From team building and training days, wedding receptions, anniversaries and birthday parties to networking, entertainment and music events, Newton Abbot Rugby Club would love the opportunity to host your next event – whatever the occasion! Our stunning marquee can seat up to 400 people and comes fully equipped with an array of facilities including a large bar, catering options and free parking as well as electricity and lighting.

FACILITIES INCLUDE:

- Access to our club's exclusive roller deck of local suppliers including caterers, decorators and entertainers
- A fully stocked bar
- On-site Parking
- Wifi access
- No step access
- Accessible toilets with disabled facilities



TO CHECK AVAILABILITY PLEASE CONTACT COMMS@NARFC.CO.UK

CLUBHOUSE

Are you looking for a venue to hire for your next event? How about clubhouse hire?

Look no further than the clubhouse at Newton Abbot Rugby Club! If you're looking for a community venue to hire for your next corporate event, team building day or even a more personal celebration such as a birthday party or wedding, the historic clubhouse at Newton Abbot Rugby Club can cater to all your requirements.

Located in the heart of Devon just off the A38 at Newton Abbot Rugby Club, our clubhouse is only a short 20-minute walk from the train station. Our venue boasts a number of exceptional amenities and facilities, including a bar, catering and free parking for you and your guests.

FACILITIES INCLUDE:

- Access to our club's exclusive roller deck of local suppliers including caterers, decorators and entertainers
- A fully stocked bar with staff
- On-site Parking
- Wifi access
- No step access
- Accessible toilets with disabled facilities



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HIRE OUR GROUNDS

Newton Abbot Rugby Club can accommodate a range of parties, celebrations and events, from children's parties and sporting events to music festivals and weddings.

As Newton Abbot Rugby Club was purpose-built as a rugby club, our beautiful grounds are a practical location for a variety of different occasions, with flat, even ground and cushion-like grass.

AMENITIES INCLUDE:

- Wifi
- Step-free access
- Accessible toilets with disabled facilities
- Changing rooms
- Hot showers
- BBQ hire



TO CHECK AVAILABILITY PLEASE CONTACT COMMS@NARFC.CO.UK



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SAUSAGES
FROM DEVON**



100% compostable packaging

All of our sausages are made with fresh British pork. They are packed into cardboard trays & wrapped in our unique certified home compostable film. (EN13432)

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Sainsburys, Asda,
Morrisons, Mole
Valley Farmers &
Trago Mills.

For more information visit
www.westawaysausages.com





NEWTON ABBOT RUGBY CLUB

All Whites



comms@narfc.co.uk