



**NEWTON ABBOT  
RFC**

# **MATCHDAY PROGRAMME**

## **2022/23**

**E: [RUGBY@NARFC.CO.UK](mailto:RUGBY@NARFC.CO.UK) | W: [WWW.NARFC.CO.UK](http://WWW.NARFC.CO.UK)**



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*Westaways*

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# WELCOME



A huge warm welcome to **Rackerhayes** for this, the 2022/23 season, leading into the clubs 150th anniversary in 2023. A big thank you from us all to **Brian Pilkington**, our new president for steering the club over the last few years from stormy to calmer waters. We owe a massive debt of gratitude to Brian and the other members of the board for the hours and hard work committed to our club.

*It is a great honour and privilege to have been elected chair of this great club that has adopted me and my family over the last sixteen years, playing in the now Spartans but thoroughly enjoying running the Abbots and all the tomfoolery that came with Rugby socials! Maintaining and enhancing our **#oneclub** is the golden thread that will be considered in all decisions, you have my commitment to uphold this during my tenure.*



For the first time we have both senior men's teams involved in league rugby. **The All Whites** having been promoted into reorganised Regional 2 tribute South West following a great 2021/22 season, ending with Devon Intermediate cup winners.

**The Spartans** debut in the newly formed Counties 3 Tribute Devon West league, where they will face many 1st & 2nd XV club sides including a local derby with Totnes and Teignmouth 2nds. The remainder of the league are Plymouth and South Devon based. We are fortunate to have a home grown coaching team headed by Mike Saxton, who has a great team of coaches and senior players who we should all be extremely proud of. The prospect of league rugby at Rackerhayes most weekends this season is incredibly exciting and I wish all our players the greatest success and an injury free season.

**The Newton Abbot Ladies** are representing the club this season in Women's NC 1 South West. After a tough 2021/22 season, the ladies are on a rebuild mission. Heavily recruiting new and past players, whilst developing the U18's that have stepped up to the senior squad. A more local arrangement with this seasons fixtures will make for some great Sunday afternoon viewing to complete your weekends at Rackerhayes. If you are interested in joining a social bunch of ladies who play rugby on the side, please contact [ladies@narfc.co.uk](mailto:ladies@narfc.co.uk).

**The juniors**, our future is also thriving with no fewer than 16 aged squads from U5's to colts and U18's girls, which equates to around 350 children enjoying our sport regularly and keeping the club vibrant and alive on Sunday mornings. Within the set up are girls squads for U12, U14, U16 and U18. Many of our juniors are competing at county level. Additional coaching support is provided from our senior squads, creating that bridge and cementing the ethos of our #oneclub community. Andrew Nichols, the junior chair alongside a number of Newton legends are making this the sport of choice for the youngsters of Teignbridge, supporting 14 local schools. Huge thanks to the players, parents, families that give up their time to enjoy standing around a muddy field for hours, shaping the players of our club for future, or our sport for the future.

*That being said, the club relies on the goodwill and dedication of a great number of volunteers, coaches, team managers, gate, bar, catering, grounds, events staff and a huge amount more. Many many thanks for your efforts. There is a great deal going on around the club outside of a weekend, with our marquee and community activities, we are a seven day a week operation and so if you have any spare time to help out, please make contact as a warm welcome is assured and greatly received.*

*A large hand goes out to the members, partners and supporters of our club, you are 16th player and create the buzz that elevates our players to a higher plane rewarded by high tempo exciting rugby from all of our teams.*

*#COYAW #oneclub.*

*Safe regards and see you at the bar.*

**Mark Shaddick**  
**Chairman NARFC**





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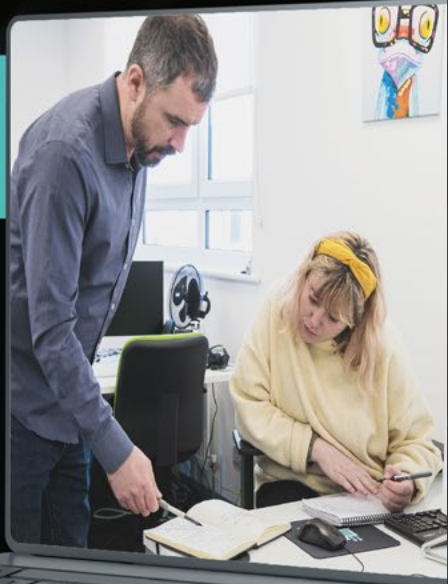
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# ALL WHITES (1ST XV) FIXTURES

SEASON 2022-23

DATE	TIME	HOME	SCORE	AWAY
3RD SEP 22	KO 15:00	SIDMOUTH RFC	17-17	NEWTON ABBOT
9TH SEP 22	KO 19:00	NEWTON ABBOT	14-25	TRURO RFC
17TH SEP 22	KO 15:00	WADEBRIDGE CAMELS RFC	20-5	NEWTON ABBOT
24TH SEP 22	KO 15:00	NEWTON ABBOT	39-13	BRIDGWATER & ALBION RFC
1ST OCT 22	KO 15:00	CHARD RFC	13-18	NEWTON ABBOT
15TH OCT 22	KO 15:00	NEWTON ABBOT	20-43	CREDITON RFC
22ND OCT 22	KO 15:00	WELLINGTON RFC	35-26	NEWTON ABBOT
29TH OCT 22	KO 15:00	NORTH PETHERTON RFC	19-48	NEWTON ABBOT
5TH NOV 22	KO 15:00	NEWTON ABBOT	35-10	SHERBORNE RFC
12TH NOV 22	KO 14:30	TEIGNMOUTH	28-26	NEWTON ABBOT
26TH NOV 22	KO 14:30	NEWTON ABBOT	35-59	ST AUSTELL RFC
3RD DEC 22	KO 14:30	TRURO	34-24	NEWTON ABBOT
10TH DEC 22	KO 14:30	NEWTON ABBOT	22-52	WADEBRIDGE CAM
17TH DEC 22	KO 14:30	BRIDGWATER & ALBION RFC	32-36	NEWTON ABBOT
7TH JAN 23	KO 14:30	NEWTON ABBOT	14-17	CHARD RFC
14TH JAN 23	KO 14:30	CREDITON RFC	31-5	NEWTON ABBOT
21ST JAN 23	KO 14:30	NEWTON ABBOT	-	WELLINGTON RFC
28TH JAN 23	KO 14:30	NEWTON ABBOT	-	NORTH PETHERTON RFC
11TH FEB 23	KO 14:30	SHERBORNE RFC	-	NEWTON ABBOT
18TH FEB 23	KO 14:30	NEWTON ABBOT	-	TEIGNMOUTH RFC
4TH MAR 23	KO 14:30	ST AUSTELL RFC	-	NEWTON ABBOT
11TH MAR 23	KO 14:30	NEWTON ABBOT	-	SIDMOUTH RFC

# SPARTANS (2ND XV) FIXTURES

SEASON 22-23

DATE	TIME	HOME	SCORE	AWAY
3RD SEP 22	KO 15:00	NEWTON ABBOT	68-0	PLYMSTOCK ALBION OAKS II
10TH SEP 22	KO 15:00	OLD TECHNICIANS	9-18	NEWTON ABBOT
17TH SEP 22	KO 15:00	NEWTON ABBOT	21-24	TOPSHAM II
24TH SEP 22	KO 15:00	PLYMOUTH ARGAUM	24-10	NEWTON ABBOT
1ST OCT 22	KO 15:00	NEWTON ABBOT	29-15	SALCOMBE
8TH OCT 22	KO 15:00	TAMAR SARACENS	8-31	NEWTON ABBOT
22TH OCT 22	KO 15:00	NEWTON ABBOT	60-0	TOTNES
29TH OCT 22	KO 15:00	NEWTON ABBOT	19-11	PAIGNTON II
12TH NOV 22	KO 15:00	NEWTON ABBOT	35-5	TEIGNMOUTH II
26TH NOV 22	KO 15:00	DARTMOUTH	19-3	NEWTON ABBOT
3RD DEC 22	KO 15:00	NEWTON ABBOT	25-10	OLD TECHNICIANS
10TH DEC 22	KO 15:00	TOPSHAM II	38-32	NEWTON ABBOT
17TH DEC 22	KO 15:00	NEWTON ABBOT	CANCELLED	PLYMOUTH ARGAUM
7TH JAN 23	KO 15:00	SALCOMBE	28-5	NEWTON ABBOT
14TH JAN 23	KO 15:00	NEWTON ABBOT	28-5	TAMAR SARACENS
21ST JAN 23	KO 15:00	TOTNES	-	NEWTON ABBOT
28TH JAN 23	KO 15:00	PAIGNTON II	-	NEWTON ABBOT
18TH FEB 23	KO 15:00	TEIGNMOUTH II	-	NEWTON ABBOT
4TH MAR 23	KO 15:00	NEWTON ABBOT	-	DARTMOUTH
11TH MAR 23	KO 15:00	PLYMSTOCK ALBION OAKS II	-	NEWTON ABBOT
18TH MAR 23	KO 15:00	NEWTON ABBOT	-	CULLOMPTON
25TH MAR 23	KO 15:00	SIDMOUTH RFC	-	NEWTON ABBOT
1ST APR 23	KO 15:00	NEWTON ABBOT	-	PAIGNTON

# ALL WHITES LADIES FIXTURES

SEASON 22-23

DATE	TIME	HOME	SCORE	AWAY
25TH SEP 22	KO 15:00	YEOVIL LADIES	55-0	NEWTON ABBOT
2ND OCT 22	KO 15:00	PLYMSTOCK ALBION OAKS LADIES	47-10	NEWTON ABBOT
16TH OCT 22	KO 15:00	NEWTON ABBOT	43-0	DEVONPORT SERVICES LADIES
23RD OCT 22	KO 15:00	NORTH PETHERTON LADIES	24-10	NEWTON ABBOT
13TH NOV 22	KO 15:00	NEWTON ABBOT	26-7	PENRYN LADIES
20TH NOV 22	KO 15:00	TOPSHAM LADIES	19-39	NEWTON ABBOT
4TH DEC 22	KO 15:00	NEWTON ABBOT	17-20	CREDITON LADIES
18TH DEC 22	KO 15:00	NEWTON ABBOT	CANCELLED	PLYMSTOCK ALBION OAKS LADIES
15TH JAN 23	KO 15:00	DEVONPORT SERVICES LADIES	26-27	NEWTON ABBOT
22ND JAN 23	KO 15:00	NEWTON ABBOT	-	NORTH PETHERTON LADIES
12TH FEB 23	KO 15:00	PENRYN LADIES	-	NEWTON ABBOT
26TH FEB 23	KO 15:00	NEWTON ABBOT	-	TOPSHAM LADIES
12TH MAR 23	KO 15:00	CREDITON LADIES	-	NEWTON ABBOT
2ND APR 23	KO 15:00	NEWTON ABBOT	-	YEOVIL LADIES





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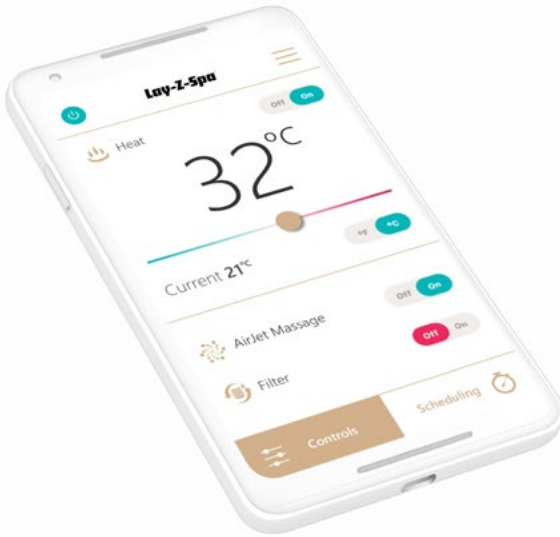


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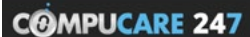
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A big thank you to all our Partners who have signed up to support players on our Senior Men's and Women's Teams. In doing so, the chosen player will receive a credit of £100 on their NARFC membership card and a £75 gift voucher for the VX-3 kit shop. The remaining funds cover the costs of travel, physios, playing and training equipment, and the club's daily running bills.



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